



Does Pluralsight offer ways to measure skills?

Tags: **Skills**

Pluralsight Skills offers multiple ways to measure your skills.

Skill IQ measures your skill level in an adaptive test that takes less than five minutes. Many of our paths contain Skill IQs. Paths designed to prepare you for certifications typically have a CyberVista (formerly Kaplan) practice exam associated with the path, instead of a Skill IQ.

Skill IQ gives you a rating from 0–300 with a skill level of novice, proficient or expert. Check out our help center articles to learn more about [assessments and Skill IQ](#).

Learning checks are a quick way to check your comprehension of a course. While Skill IQ tests your understanding of many courses in a path, learning checks—created by the course author—are limited to one course. You can review your results and re-take the learning check as many times and as often as you like.

You can generate certificates of completion for content on Skills, which may be submitted for CEU or PDU credit depending on the education program. Please see [Using Skills for continuing education programs](#) for a list of programs that accept Pluralsight content as credit.

If you need help, please email support@pluralsight.com for 24/7 assistance.