



Flow

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Pluralsight Flow is a highly customizable software engineering analytics platform that provides concrete data and insights into your software delivery process. Configure Flow to provide the data you need for your unique business practices. Use Flow's data to discover how you can evolve your workflow to create and support healthy work patterns.

How does Flow work?

Flow connects to githosts like GitLab and ticket vendors like Jira to pull in data and visualize it in reports. Flow pulls data from solutions across the software development life cycle and gives you data that reflects the real work your teams and individual engineers are doing. Flow visualizes your data in multiple reports so you can understand where teams get stuck, who might need guidance, which practices are going well, and how you are progressing toward your goals.

Engineering leaders use Flow's data to:

- Get on the same page with engineers during 1:1's.
- Visualize your workflow and analyze work efficiency.
- Gain deeper insights into how teams really work during a sprint.
- Better understand your teams' needs and bottlenecks.
- See where you can improve your practices in ways that work best for your team.

Use these resources to get started understanding Flow:

- [Flow how-to videos](#) provide quick overviews and deep-dives to help you get the most out of Flow.
- [How to increase software delivery speeds by reducing cycle time \(opens in new tab\)](#) dives into how to reduce cycle time and speed up development.
- [20 patterns to watch for in engineering teams \(opens in new tab\)](#) shows how Flow can help you spot and improve common patterns among engineering teams.

Use these resources to get started customizing Flow:

- [Get your organization started using Flow](#) shows you how to set up your organization to succeed with Flow.
- [Flow settings](#) shows you how to configure Flow to suit your needs for managing data.
- [Flow reports](#) shows the reports available in Flow and how to get the most out of them.

- [Flow API](#) shows you how to access and use Flow's API.

If you need help, please email support@pluralsight.com for 24/7 assistance.